

LADIES MEASUREMENTS SIZE GUIDE

| Pants | Measurement Point (cm) | 6 | 8 | 10 | 12 | 14 | 16 | 18 | 20 | 22 | 24 | 26 |
|-------------------------------|------------------------|------|------|------|------|------|------|------|------|------|------|------|
| MET127/MFG127 | Half Waist | 34.5 | 37 | 39.5 | 42 | 44.5 | 47 | 50.5 | 53 | 55.5 | 58 | 60.5 |
| MET320/MFG320 | Half Waist | 36.5 | 39 | 41.5 | 44 | 46.5 | 49 | 52.5 | 55 | 57.5 | 60 | 62.5 |
| MET181/MFG181 | Half Waist | 35 | 37.5 | 40 | 42.5 | 45 | 47.5 | 50 | 52.5 | | | |
| MET191/MFG191 | Half Waist Relaxed | | | | | 42 | 45 | 48 | 50.5 | 53.5 | | |
| | Half Waist Stretched | | | | | 47 | 50 | 53 | 55 | 58.5 | | |
| MET192/MFG192 | Half Waist | 35.5 | 38 | 40.5 | 43 | 45.5 | | | | | | |
| MET193/MFG193 | Half Waist | 35 | 37.5 | 40 | 42.5 | 45 | 47.5 | 50 | 52.5 | | | |
| MET197/MFG197 | Half Waist Relaxed | | | | | 44.5 | 47 | 49.5 | 52 | 54.5 | 57 | 59.5 |
| | Half Waist Stretched | | | | | 55 | 57.5 | 60 | 62.5 | 65 | 67.5 | 70 |
| Skirts | Measurement Point (cm) | 6 | 8 | 10 | 12 | 14 | 16 | 18 | 20 | 22 | 24 | 26 |
| MET323/MFG323 | Half Waist | 35.5 | 38 | 40.5 | 43 | 45.5 | 48 | 51.5 | 54 | 56.5 | 59 | 61.5 |
| MET128/MFG128 | Half Waist | 33.5 | 36 | 38.5 | 41 | 43.5 | 46 | 49.5 | 52 | 54.5 | 57 | 59.5 |
| MET3005/MFG3005 | Half Waist | 31 | 33.5 | 36 | 38.5 | 41 | 43.5 | 46 | 48.5 | | | |
| MET315/MFG315 | Half Waist | 37 | 39.5 | 42 | 44.5 | 47 | 49.5 | 52 | 54.5 | | | |
| MET319/MFG319 | Half Waist Relaxed | 32.5 | 35 | 37.5 | 40 | 42.5 | 41.5 | 44 | 46.5 | 49 | 51.5 | |
| | Half Waist Stretched | | | | | | 45 | 47.5 | 50 | 52.5 | 55 | |
| Dresses | Measurement Point (cm) | 6 | 8 | 10 | 12 | 14 | 16 | 18 | 20 | 22 | 24 | 26 |
| MET420/MFG420 | Half Bust | 46.5 | 49 | 51.5 | 54 | 56.5 | 59 | 61.5 | | | | |
| MET422/MFG422 | Half Bust | 41 | 43.5 | 46 | 48.5 | 51 | 53.5 | 56 | | | | |
| Vests | Measurement Point (cm) | XXS | XS | S | M | L | XL | 2XL | 3XL | 4XL | | |
| MET7011/MFG7011 | Half Bust | 40 | 42.5 | 45 | 47.5 | 50 | 52.5 | 55 | 57.5 | 60 | | |
| Vests | Measurement Point (cm) | 6 | 8 | 10 | 12 | 14 | 16 | 18 | 20 | 22 | 24 | 26 |
| METV65/MFGV65 | Half Bust | 41 | 43.5 | 46 | 48.5 | 51 | 53.5 | 56 | 58.5 | 61 | 63.5 | |
| Cardigans | Measurement Point (cm) | | | S | M | L | XL | 2XL | | | | |
| MET8000/MFG8000 | Half Bust | | | 50 | 52 | 56 | 60 | 64 | | | | |
| Jackets | Measurement Point (cm) | 6 | 8 | 10 | 12 | 14 | 16 | 18 | 20 | 22 | 24 | 26 |
| MET620/MFG620 | Half Bust | 43 | 45 | 48 | 50 | 53 | 55 | 58 | 60 | | | |
| MET650/MFG650 | Half Bust | 43 | 45.5 | 48 | 50.5 | 53 | 56 | 59 | 62 | 65 | 68 | 71 |
| MET699/MFG699 | Half Bust | 43 | 45.5 | 48 | 50.5 | 53 | 55.5 | 58 | 60.5 | 63 | 65.5 | 68 |
| Shirts | Measurement Point (cm) | 6 | 8 | 10 | 12 | 14 | 16 | 18 | 20 | 22 | 24 | 26 |
| MET119/MFG119 & MET118/MFG118 | To fit bust | 80 | 85 | 90 | 95 | 100 | 105 | 110 | 115 | 120 | 125 | 130 |
| | To fit waist | 70 | 75 | 80 | 85 | 90 | 98 | 100 | 105 | 110 | 115 | 120 |
| | To fit hips | 85 | 90 | 95 | 100 | 105 | 110 | 115 | 120 | 125 | 130 | 135 |

NOTE:

- ~ This is a guideline only
- ~ Each style has different measurements, so check each item you are ordering
- ~ To use this guide, place a similar garment that currently fits well on a flat surface. Measure the waist or bust/chest (underarm to underarm) in CM and find the closest size on this chart. If you are in between sizes, choose the size up.