## **MEN'S MEASUREMENTS SIZE GUIDE**





Trousers	Measurement Point (cm)	72/28	77/30	82/32	87/34	92/36	97/38	102/40	107/42	112/44	117/46	122/48
MET1022/MFG1022	Half Waist		77	82	87	92	97	102	107	112	117	
MET110/MFG110	Half Waist	72	77	82	87	92	97	102	107	112	117	122
MET210/MFG210	Half Waist	72	77	82	87	92	97	102	107	112	117	122
Shirts	Measurement Point (cm)	38	39	40	41	42	43	44	46	48	50	
MET219/MFG219 & MET218/MFG218	To fit neck	38	39	40	41	42	43	44	46	48	50	
	To fit chest	88	92	96	100	104	108	112	118	124	130	
	Sleeve length	84	85	86	88	89	90	90	92	92	92	
Jackets	Measurement Point (cm)	38	40	42	44	46	48	50				
MET8612/MFG8612	Half Chest	55.5	58	60.5	63	65.5	68	70.5				
Jumpers & Vests	Measurement Point (cm)	xxs	XS	S	М	L	XL	2XL	3XL	4XL		
MET7010/MFG7010 & MET7011/MFG7011	Half Chest	40	42.5	45	47.5	50	52.5	55	57.5	60		

## NOTE:

~ This is a guideline only

~ Each style has different measurements, so check each item you are ordering

~ To use this guide, place a similar garment that currently fits well on a flat surface. Measure the waist or bust/chest (underarm to underarm) in CM and find the closest size on this chart. If you are in between sizes, choose the size up.